



New York City Alliance  
Against Sexual Assault

# Campus Sexual Violence Prevention Programming Menu for STUDENTS

## Introduction of the Campus Training Institute (CTI):

Since 2015, as part of Education Law Article 129-B, or *Enough is Enough* (EIE) the Alliance has been providing campus sexual violence prevention education through our Campus Training Institute (CTI). Our CTI programming can take on many forms including, workshops, trainings, webinars, guided discussions, multi-session programming, panel discussions, keynotes, and much more! We provide our services to campuses in New York City for students, faculty, and staff. All our programming can be delivered in-person or digitally. Anyone affiliated with a NYC campus can request programming.

## Workshops & Trainings:

### Understanding Gender-Based Violence:

- **Sexual Violence 101\***
  - Duration: 1 - 1.5 hours

SV101 will cover the most basic information on what sexual violence is. This presentation will cover terminology, statistics of sexual violence, Title IX, and affirmative consent.

- **Sexual Violence 101 for International Students\***

Sexual Violence 101 for International Students will cover the most basic information on what sexual violence is with a specific lens for international students.

*\*These workshops are best suited for incoming student orientations*

- **Domestic Violence 101**
  - Duration: 45 minutes- 1 hour

DV 101 will cover basic information about what domestic and interpersonal violence is. This presentation will cover terminology, statistics of partnered violence, safety planning strategies, debunking common myths, and available resources for survivors on and off campus.

- **Sexual Harassment 101**
  - Duration: 45 minutes- 1 hour

SV101 will cover the most basic information on what sexual harassment is. This presentation will cover terminology, statistics of sexual harassment, how sexual harassment manifests in person and digitally, and available resources for survivors on and off campus.

### **Consent Education:**

- **“Let’s Talk About Sex”\***
  - Duration: 1- 1.5 hours

In a world that is still hush-hush about sex, we want to create a space where we can talk about it openly and freely and without judgment. So let’s talk about it! But more importantly, let’s talk about healthy and safe sexual experiences with affirmative consent.

*\* Can also be facilitated as “Lets Talk about Cyber Sex” with specific emphasis on affirmative digital consent.*

### **Bystander Intervention**

- **Bystander Intervention: Interrupting Violence in Your Community**
  - Duration: 1- 2 hours

Through an intersection approach, this workshop discusses the 5 D’s of bystander intervention. By analyzing case studies specific to your campus community, students will learn healthy intervention strategies to disrupt violence in their own communities. Participants will leave this session with tangible skills to better understand how to be a part of positive change in their communities.

- **Bringing In The Bystander®**
  - Duration: 1.5 hours

Bringing in the Bystander® is a bystander intervention workshop. Rather than focusing strictly on the roles of perpetrator and victim, the highly interactive Bringing in the Bystander® curriculum uses a community responsibility approach. It teaches bystanders how to safely intervene in instances where sexual violence, relationship violence or stalking may be occurring or where there may be risk that it will occur.

### **Trauma Education:**

- **Supporting Survivors\***

This workshop will discuss how to be the best support to someone who may have experienced sexual violence. The workshop will include best practices for survivor support, trauma-informed language, and a list of helpful resources to have on hand if someone discloses to you at some point.

*\*Can be facilitated as “Supporting Survivors for Student Employees” with a specific emphasis on navigating their ‘responsible employee’ status.*

- **Trauma 101**

- Duration: 1- 1.5 hours

This workshop will discuss the basics of the different ways in which trauma impacts us. Together we will debunk victim-blaming myths, understand trauma's impact on the brain, and learn about different forms of interpersonal, collective, generational, and institutional traumas.

### **LGBTQ+ Survivorhoods:**

- **Gender-Based Violence & the LGBTQ+ Community**

- Duration 1- 1.5 hours

Guided by Jennifer Patterson's book "Queering Sexual Violence," this workshop brings awareness to the gender-based violence the LGBTQ+ community experiences.

- **Supporting Queer Survivors**

- Duration: 1 - 1.5 hours

The LGBTQ+ community is disproportionately impacted by sexual violence in comparison to their heterosexual counterparts. This workshop centers queer survivorhoods and teaches the best practices for supporting LGBTQ+ survivors and victims.

### **Options, Reporting, & Resources:**

- **Understanding NYC Resources for Survivors and Victims**

- Duration: 45 mins- 1 hour

After an incident of sexual violence, there can be a lot of confusion and things can feel very overwhelming. This workshop will discuss what options are available to students who have experienced sexual violence including different mental health resources (on and off campus), different reporting avenues, information on what to expect at the hospital, and other sources of support and information in the city. It will also provide a basic overview on Title IX legislation, and the rights students have through it.

### **Cyber-Sexual Violence Prevention:**

- **Cyber-Sexual Violence 101**

Cyber-Sexual Violence 101 will cover the most basic information about cyber-sexual violence. Participants will learn about existing New York State laws about cyber sexual violence, debunk myths about "revenge porn," and be provided with resources for anyone impacted by this kind of violence.

- **Swipe Left on Dating "App" Violence**

With the world's ever-changing technological landscape and increased reliance of technology during the ongoing COVID-19 pandemic, we have seen an unfortunate increase in cyber-sexual violence. So what do we do to combat this? Through an intersectional approach, this workshop discusses themes of healthier cyber sex, digital consent, resources for survivors, and existing protections.

## **The Sexual Violence Prevention Movement:**

- **History of the #MeToo Movement**

- Duration: 1 - 2 hours

The resurgence of the #MeToo movement in 2017 furthered a long history of discussions about sexual violence. But where did the “Me Too” movement start? This workshop will discuss Tarana Burke’s creation of the “Me Too” movement in 2006, the history of sexual violence prevention activism, and the many black women at the center of these social movements. In this workshop we will think critically about racial bias within the “new” #MeToo era.

- **Sexual Violence & Hollywood**

- Duration: 1- 2 hours

Is that the plot of a romantic comedy or just flat out stalking? In this workshop we will look at some popular romantic comedies and unpack the ways in which they romanticize themes about stalking, sexual assault, and sexual harassment. We will think critically about the ways in which romantic comedies perpetuate gender roles, depict an unrealistic view of sexuality, and romanticize abuse.

- **Sexual Violence & Music**

- Duration: 1- 2 hours

Are the lines actually blurred? This workshop will look critically at themes about sexual violence in popular music. Listening, and understanding song’s lyrics will lead to a larger discussion about the music industry as a whole. We will look at some of the most public accounts of sexual violence in the music industry and delve into thinking about the power structures that enables this kind of abuse.

- **Bodily Autonomy & Reproductive Justice**

- Duration: 1- 2 hours

The sexual violence prevention movement and the reproductive justice movement are inherently linked in their mission to fight for bodily autonomy. This workshop will dive into those intersections and discuss action items from college students on the ways in which they can advocate for reproductive justice on their campus.

- **The Decriminalization of Sex Work Movement**

Sex work is real work. But how do we talk about consensual sex work in this cultural climate? This workshop will dive into contemporary discussions about consensual sex work, human trafficking, and the prevalence of sexual violence. We will discuss existing laws in NY State about sex work and the activism around the decriminalization of sex work. We will also understand what human trafficking is and how that plays a role in conversations about legalizing sex work.

## **Beyond Workshops and Trainings:**

### **Office Hours:**

Virtually or in-person, any Alliance Campus Partner can schedule Office Hours for as long and as frequently as they want. During Office Hours any currently enrolled students at the school will be able to access a confidential sexual violence prevention expert to ask any questions and to learn about available resources and referrals to services. Walk-ins and scheduled appointments are welcome.

### **Don't Cancel That Class:**

Are you a faculty/staff member and need to be away from campus for a conference or just wish to add a guest speaker to your syllabus? The New York City Alliance Against Sexual Assault is here to help. "Don't Cancel That Class" is a program where a member from the Alliance will come into your class and deliver a workshop about sexual violence prevention, bystander education, Title IX, and much more.

### **Campus Climate Survey Support:**

The Alliance is able to offer basic technical assistance around the creation, dissemination, evaluation, and interpretation of climate surveys. This may include an initial consultation, and referrals to partnering agencies and/or experts in the field of survey creation and evaluation.